



ALL DAY BRUNCH

POACHED EGGS ON SOURDOUGH

2 POACHED EGGS, SOURDOUGH
(G/E/D/B)



6

GRANOLA BOWL

SEE SPECIALS BOARD
(G/D/N)

8

LEEK & BUTTER BEAN HUMMUS BENNY

BURNT LEEK & BUTTER BEAN HUMMUS, CHARRED SWEET ONIONS, POACHED EGGS, HOLLANDAISE, CRUMBLY LANCASHIRE, CRISPY KALE
(G/E/D/M)

13

IK BREAKFAST

MIDDLE EASTERN BEANS, HASH BROWNS, PORTOBELLO MUSHROOM, FRIED EGG, SOURDOUGH
CHOICE BETWEEN **LAMB MERGUEZ SAUSAGE** OR **VEGGIE GLAMORGAN SAUSAGE**
(G/E/D/B/M)

13

BURRATA W/ SUNDRIED TOMATO & OLIVE TAPENADE

WILD GARLIC PESTO, BALSAMIC VINEGAR, ROCKET, PISTACHIOS, SUNFLOWER SEEDS, SOURDOUGH
(G/B/D/N)

13

SUB OF THE DAY

SEE SPECIALS BOARD
(G)



SCRAMBLED EGGS ON SOURDOUGH

SCRAMBLED EGGS, CHILLI, CHIVES, SPRING ONION, SLOW ROASTED TOMATOES, SOURDOUGH

7.5

(G/D/E)

BREKKIE BUN

FRIED EGG, HOMEMADE KETCHUP OR BROWN SAUCE, MILK ROLL

8

CHOICE BETWEEN **BEEF SAUSAGE** OR **VEGGIE GLAMORGAN SAUSAGE**

(G/E/D/B/M)



MEXICAN HASH

ROASTED POTATOES, PEPPERS & ONIONS, SOUR CREAM, AVOCADO, LIME & CORIANDER DRESSING, FRIED EGGS, PICO DE GALLO

12

(D/E)

SPATCHCOCK CHICKEN

HALF CHICKEN MARINATED IN LEMON, GARLIC, ROSEMARY & THYME, LENTIL & TOMATO SALAD, FIRE ROASTED PEPPERS

16

(B)



KOFTE FLATBREAD

LAMB & CHICKEN KOFTES, FLATBREAD, BLACK CHICKPEA & PRESERVED LEMON HUMMUS, LABNEH, POMEGRANATE HOT HONEY, FRESH POMEGRANATE, CRISPY ONIONS

16

(G/B/D)

EXTRAS

TOASTED SOURDOUGH/FLATBREAD

2

HASH BROWNS

3.5

HALLOUMI

3.5

MIDDLE EASTERN BEANS

3

LAMB MERGUEZ SAUSAGE

3



EGG (FRIED/SCRAMBLED/POACHED)

2

TURKEY BACON

3.5

MUSHROOM

2

HOMEMADE KETCHUP/BROWN SAUCE

1

RASPBERRY JAM

1

HOT DRINKS

ESPRESSO

2.5

MACCHIATO

3

PICCOLO

3

FLAT WHITE

3.5

AMERICANO

3

CAPPUCCINO

3.7

LATTE

3.7

MOCHA (DARK OR WHITE CHOC)

4.8

HOT CHOCOLATE (DARK OR WHITE CHOC)
WITH ITALIAN MERINGUE

5.5



ENGLISH BREAKFAST TEA

2.8

FLAVOURED TEA

3.8

LIQUORICE & ANISEED, EARL GREY, GREEN SENCHA, BLOOD ORANGE OR PEPPERMINT

CHAI LATTE

3.5

DIRTY CHAI

4.2

MATCHA LATTE

5.5

BABYCCINO

0.8

PUPPUCCINO

0.8

OAT MILK

+0.8



COLD DRINKS

ICED LATTE

4

ICED MOCHA (DARK OR WHITE CHOC)

5

ICED MATCHA LATTE

5.8

HOMEMADE OJ

3

HOMEMADE LEMONADE SEE SPECIALS BOARD

3.5

KARMA CANS

3

STEEP CANS

3

FOLKINGTON JUICES

3



ALLERGENS: B (SULPHITES), D (DAIRY), E (EGGS), G (GLUTEN), M (MUSTARD), N (NUTS)

PLEASE MAKE STAFF AWARE OF ANY ALLERGIES. ORDER AT THE TILL. NO MENU SUBSTITUTIONS.